



International
Recognition by
The American
Union of NLP
(AUNLP)

PRECISION NLP PRACTITIONER CERTIFICATION

Learn from
PROF. DR.
**HARJIT
SIDHU**

MASTER NLP TRAINER

- ✓ 20+ Years of International Training Experience
- ✓ Certified Hypnotherapist
- ✓ International Speaker
- ✓ Executive Coach
- ✓ Master NLP Trainer

Program Your Mind
for Success



13, 14, 20, 21 & 27
NOVEMBER 2026



ASTRICE
Bukit Jalil

HRD CORP
CLAIMABLE



MASTER COACH

Prof. Dr. Harjit Sidhu



*Certified NLP Master Trainer
American Union of NLP / ISNS, USA*

- ✓ 20 years corporate training experience with 16 years working in Corporations — automobiles, internet, music & manufacturing.
- ✓ Certified Hypnotherapist (Ph.D) —IMHS, USA & IHA.
- ✓ Certified Counselling & Coaching (IMPA).
- ✓ Certified DISC Trainer & Emotional Intelligence Assessor.
- ✓ Certified Business Coach (AUNLP)
- ✓ Leadership programmes for approx. 30,000 managers & executives across ASEAN.
- ✓ Graduate of Tony Robbins' Unleash the Power Within ~ UPW program.

THE FOUNDATION

What is NLP? ..i.e. Modelling Success

Neuro-Linguistic Programming is the study of how language and thought shape behavior — a practical technology for changing the patterns that run your life.



Neuro

How we use our senses to build and interpret our experience of the world.



Linguistic

How we communicate with others, and just as importantly, with ourselves.



Programming

The behaviour that results from the link between language and neurology.

NLP gives you the map of how language and behavior connect. Precision NLP gives you the exact tools to use that map to create real, repeatable change for yourself and for others.

HOW IS PRECISION NLP CERTIFICATION DIFFERENT?

1 Focus on Technique

Practical skill-building takes priority over abstract theory.

2 Metaphysical Mindset

Explore the deeper, metaphysical aspects of belief and mind.

3 Experiential Learning

Live demonstration and hands-on practice, not lectures.

4 Build Toward Mastery

A progressive path toward Master Practitioner status.

5 Structured Learning in the Technology of Mind

A practical, experience-based program that builds real NLP skill from the ground up.



WHO IT'S FOR

Who Should Obtain This Certification?



**Therapists, Counsellors
& Teachers**

**Deepen your
practice with
tools that
create real,
lasting client
change.**



**Corporate Trainers
& Coaches**

**Sharpen your
facilitation and
gain a
credential as
an aspiring
NLP coach or
trainer.**



**Parents, Students &
Corporate
Personnel**

**Build the
communication
and mindset
skills that
matter most,
day to day.**



**Individuals Wishing
to Transform Their
Lives**

**Break old
patterns and
program your
mind for the
outcomes you
want.**

COURSE CONTENT **Introduction & Rapport**



An Introduction to NLP

- What is NLP?
- A Brief History of NLP
- The Empowering Beliefs of NLP
- Determining Your Outcome for this Program
- Metaphysical aspects of NLP

Creating Rapport

- The 4 Indicators of Rapport
- Pacing and Leading
- Matching and Mirroring
- Group Rapport

Submodalities for Changes **BREAKING THE PATTERN!**



- Universals and Drivers to Enhance Effectiveness — Changing Preferences
- Changing Beliefs for Rapid Results
- Swish Patterns
- Pattern Interrupt Technique

COURSE CONTENT Language & Perception



- Removal of Limiting Beliefs
- The Glass Walking Experience

Representational System

- Visual, Auditory, Kinesthetic, and Auditory Digital
- Noticing and Using Predicates
- Benefits of Knowing the Representational System
- Eye Accessing and Eye Patterns



Language Patterns of NLP



- The Power of Presuppositions
- The Hierarchy of Ideas Chunking
- The Milton Model – Ambiguity
- The Power of Utilization
- Pacing and Leading in Influencing Someone
- The Power of the Sub-conscious Mind

Embedded Commands and Its Applications



- Understanding the Power of Embedded Commands
- Using Embedded Commands to Influence the Subject Subconsciously
- The Choice of Words in Embedded Commands
- Understanding Use of Subliminal Messaging in Communication
- Eye Accessing and Eye Patterns



Anchoring and Its Uses (Daily Applications)

- Understanding What 'Anchoring' Is
- How Corporations Use 'Anchoring' in Media Advertising
- How to Create 'Anchors' — Collapsing Anchors

COURSE CONTENT Mindset & Excellence

Meta Programs

- What Are 'Meta Programs' and Its Usages
- Self Reference vs. Other Reference
- Association vs. Disassociation — Calibration Techniques
- Reframing (Positive Mindset)



States of Excellence

- States & How We Get Into Them
- Understanding Resourceful & Unresourceful States
- Sub-modalities — Changing Your Information
- The SWISH Pattern Technique
- Association & Dissociation — 'Tune In' to the Good, 'Tune Out' the Bad
- The 'Circle of Excellence' — Creating an Empowering State



Program Benefits

By the end of the program, participants will be able to:



Define and understand Neuro Linguistic Programming (NLP) and its relevance at work.



Use the vital techniques of communication of the rapport building for various objectives coaching, relationship building, negotiation, sales and more



Use NLP in driving change in oneself — real techniques for embracing change and better decision-making



Develop behavioural flexibility and remove limiting beliefs



Apply sensory-specific language in day-to-day interactions with others.



Crucial techniques for leaders to counsel, coach & motivate staffs



Use NLP in pacing, leading and coaching others.

Program Benefits (continued)



Understand what's going on inside others by reading facial expressions and body language.



Create 'switches' in oneself for a real positive-thinking mindset — Anchoring.



Use embedded commands in day-to-day conversations to invoke attention and persuasion.



Use 'meta programs' and 'meta questioning' to develop focus and more.



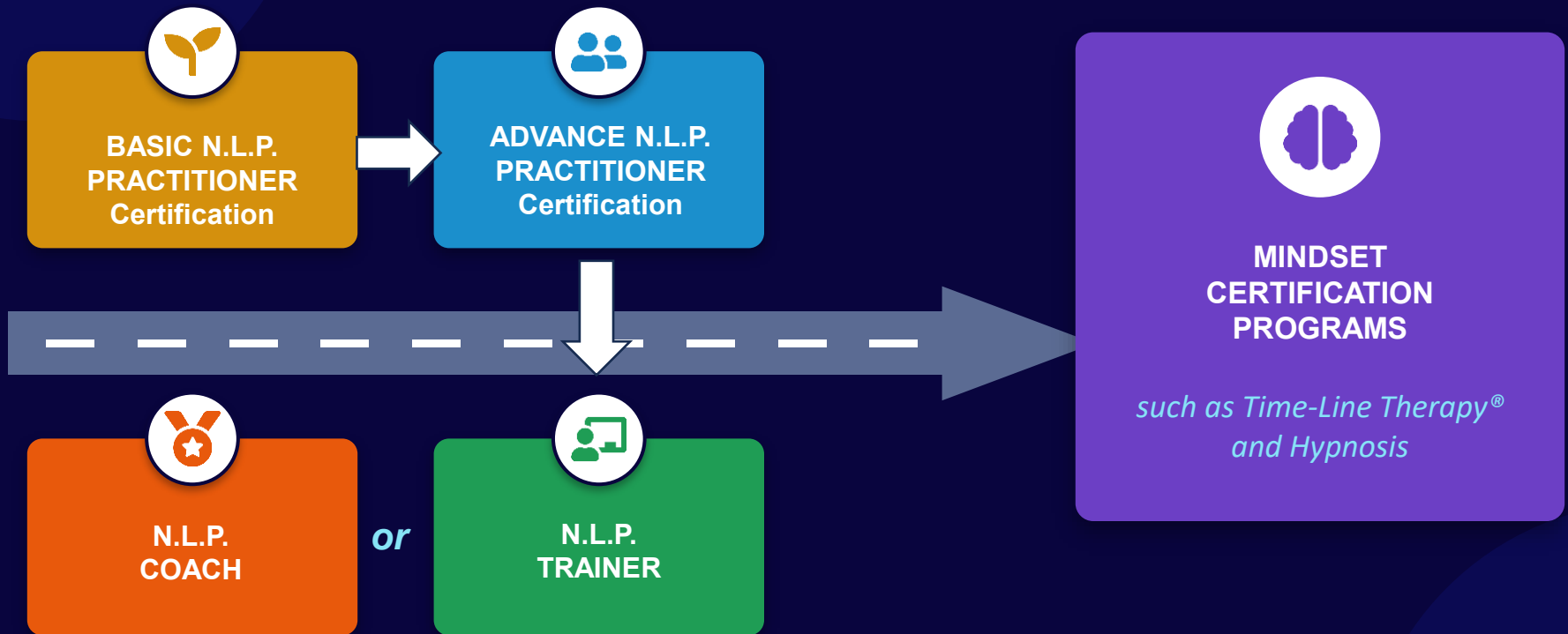
Strengthen positive behaviour and reduce or eliminate negative behaviour.



Tap into the 'excellence states' inside you — SWISH.

THE PATH OF NLP

Your Certification & Mastery Roadmap



POST Certification Support



MONTHLY VIRTUAL
SUPPORT



MEDIA LIBRARY



SOCIAL MEDIA
UPDATES
& ONGOING
RESEARCH
ON N.L.P.



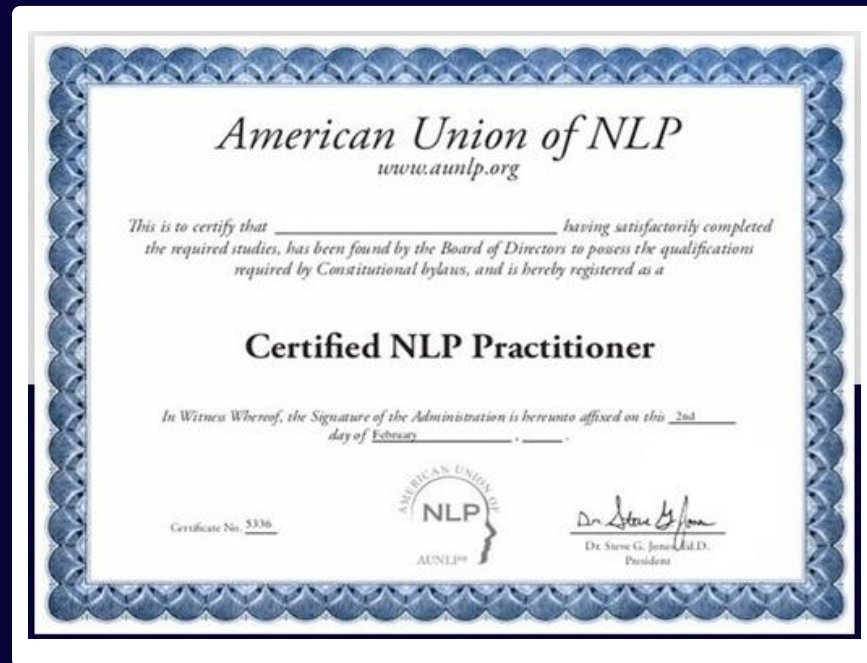
READING
MATERIALS
& CASE STUDIES

CERTIFICATION

Certification (American Union of NLP)



Participants would obtain certification from **American Union of NLP (AUNLP)** in collaboration with **Dr Harjit Sidhu, Quantum Achievers International** (as assessor and learning partner).



Your Investment

Everything included in your certification journey



5 Empowering Days

~~RM 5,800.00~~

RM 4,500.00

SAVE RM 1300

INCLUDES:

- High-quality course materials
- Refreshments & venue
- Practitioner Certification
- American Union of NLP (US)



100% HRD Corp Claimable



» Register Now! »

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Installment scheme Available

A welcome gift for every participant.

